

Dancing Into Dream Land

I open my heart and my soul
To the journeys that will unfold
As I dance into landscapes that await me
Any fear I had it escapes me

Dream guides help lead the way
I trust what these powerful guides say
My arms open wide
I fly and I glide
Embracing what does come my way

As I drift off to sleep every night
I know that my future is bright
So much to learn
Around every turn
I sense that my spirits in flight

A gift the dream world will bring
My energy soars and it sings
I am ready to travel so deep
As I drift into beautiful sleep

The doors open wide
Dream guides at my side
I am ready and poised for the ride

So tonight as I lay down to sleep
Relaxed from my head to my feet
My focus is to remember my dreams
To learn from the messages seen

This is my clear intent
Swirling into my dreams
On golden moon beams
I dance, I dance, I dance

I dream with intention each night. I am open and ready to embrace what awaits me